

Basa Fillet

Light Sweet Taste.

Our premium Basa Fillets provide a light sweet taste and a delicate texture. This freshwater fish is complemented by numerous flavour profiles and retains moisture well. While frying is most popular, Basa can be baked, broiled, grilled, poached, as well as pan-fried.



TEJA
F O O D G R O U P



Nutrition Facts	
Serving Size 100 grams (100 grams)	
Amount Per Serving	
Calories 88	Calories from Fat 36
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Cholesterol 45mg	15%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fibre 0g	0%
Sugars 0g	0%
Omega-3 N/A	
Protein 13g	9%
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Basa Fillet

- Product of Vietnam
- Freshwater Fish
- ASC certified
- Species Pangasius Hypophthalmus
- Easily takes on flavours introduced during cooking
- Low cost, mild flavour



Product #	Description	Size	Pack Size
0380	Basa Gold - Chem. Free	6/8 oz.	1 x 10 lbs.
0382	Basa Gold - Chem. Free	4 oz.	1 x 10 lbs.



Product #	Description	Size	Pack Size
0381	Basa Pride	6/8 oz.	1 x 10 lbs.

Please Call (403) 243-3478 for Samples



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