

Cedar Bay Planked Salmon

...a twist on a traditional favourite

We've placed a filleted portion of Atlantic salmon on a pre-soaked cedar plank. All you have to do is thaw and place on the grill or in the oven. In minutes you'll be ready to serve a succulent pre-portioned entree of Canadian produced Atlantic salmon, delicately infused with the taste and aroma of cedar wood. Mmmm...so easy and so delicious.



TEJA
FOOD GROUP



Nutrition Facts		
Valeur nutritive		
Per 100 g / par 100 g		
Amount Teneur		% Daily Value % valeur quotidienne
Calories / Calories	220	
Total Fat / Lipides	11 g	18 %
Saturated / saturés	2.5 g	
+ Trans / trans	0 g	12 %
Polyunsaturated / polyinsaturés	3 g	
Omega-6 / oméga-6	1 g	
Omega-3 / oméga-3	2 g	
Monounsaturated / monoinsaturés	6 g	
Cholesterol / Cholestérol	45 mg	
Sodium / Sodium	320 mg	13 %
Carbohydrate / Glucides	14 g	5 %
Fibre / Fibres	1 g	4 %
Sugars / Sucres	12 g	
Protein / Protéines	16 g	
Vitamin A / Vitamine A		1 %
Vitamin C / Vitamine C		7 %
Calcium / Calcium		1 %
Iron / Fer		5 %

Canadian Produced Atlantic Salmon



- ✓ Individually wrapped IQF portion
- ✓ A variety of seasonings & portion sizes
- ✓ Various cooking methods such as the oven or grill
- ✓ Unique centre of plate option, create the “WOW” factor
- ✓ Great for catering, buffets or special functions
- ✓ Pre-soaked cedar board perfectly sized to fit plate or platter



Product #	Description	Flavour	Pack
0030	5oz Cedar Plank	Applewood Orange & Ginger	20 Units
0237	7-8oz Cedar Plank	Maple BQ	20 Units
0372	24oz Cedar Plank	Sugar & Spice	10 Units

Please Call (403) 243-3478 for Samples

