

Battered Taco Cuts

Perfectly Sized

Battered to perfection. These portions are hand cut for a perfect Taco and work well for small fish & chip meals. Being pre-battered brings easy preparation into the kitchen and convenient portion control to the plate for a reasonable price.



TEJA
FOOD GROUP



Nutrition Facts

Serving Size 113 g

Amount Per Serving

Calories 170

% Daily Values*

Total Fat 6g **9%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 510mg **21%**

Total Carbohydrate 12g **4%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 14g **28%**

Vitamin C 2% ● Calcium 2%

Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

- Hand cut from 2 premium species that deliver great texture.
- Ready for the oven or Deep fryer.
- One of the lightest batters in the industry “Less batter, more Fish.”
- Tight sizing spec for more control on actual food cost.
- Individually quick frozen.
- Great for kids or seniors, Fish & Chips sized.

Pictured: Pacific Cod



Product #	Description	Size	Pack Size
0301	Taco Cut Cod	1.7 oz	10 lb.
0302	Taco Cut Pollock	1.6 oz	10 lb.

Please Call (403) 243-3478 for Samples

