

KAPOW
appetizers

DUMPLINGS





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KAPOW Dumplings are a quick and easy-to-prepare appetizer or entrée add on. This dim sum standard has become popular in all classes of restaurants. Asian style dishes are one of the fastest growing segments in the appetizer category. The average KAPOW Dumpling weighs 23 g, which is higher than industry standard.

- Multiple preparation options
- Fully cooked
- Attractive price point and food cost
- Made in Canada 

Preparation Methods

1. Pan fry from thawed state on high heat in a non-stick pan with a splash of oil. Add water and cover, allow steam to cook for 1-2 minutes, reduce heat to medium and cook until one side is brown (crisp).
2. Deep fry from thawed state for 2 – 3 minutes
3. Add to your favourite Asian inspired soup.

Product #	Description	Size	Pack
0514	Beef Teriyaki	23g	4/44pc (4kg)
0464	Chicken & Vegetable	23g	4/44pc (4kg)
0508	Korean Kim Chi & Chicken	23g	4/44pc (4kg)
0465	Korean Kim Chi & Pork	23g	4/44pc (4kg)
0463	Pork & Vegetable	23g	4/44pc (4kg)
0555	Vegetable 	23g	4/44pc (4kg)

